

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Veggie Cottage Pie

Super Swirl Veggie Pasta (G/W)

Roasted Vegetable Casserole

DF Margherita Pizza (G/O*, W)

Roasted Vegetable & Mixed Bean Chilli con Carne

S

SIDES



Sweetcorn & Green Beans

Carrots & Broccoli

Rustic Roast Potatoes & Seasonal Vegetables

Homemade Potato Wedges & Baked Beans

Steamed Rice & Peas

S

S

S

PASTA & JACKET



Vegan Roasted Vegetable Pasta (G/W)

Jacket Potato with Baked Beans & DF Cheese

DF Mac & Cheese (G/W)

Jacket Potato with Baked Beans & DF Cheese

Tomato & Vegetable Pasta (CE, G/W)

PUD



Fresh Fruit

Golden Pear Crumble (G/B*, O, W)

Fresh Fruit

AA Lemon Cake

Fresh Fruit

S

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

31 AUG / 21 SEPT / 12
OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
S = SEASONAL VEG

WEEKLY MENU

WEEK 1
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MONDAY

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THEME DAYS

MAIN



**DF Roasted Butternut
Squash Topped Mac &
Cheese
(G/W)**

S

**Sweet & Sour Roasted
Vegetables**

**Veggie Sausage & Gravy
(G/W)**

**Roasted Squash & Root
Vegetable Pasta
(G/W)**

S

**Vegan Nuggets &
Chips
(G/W)**

SIDES



Peas & Sweetcorn

S

**Steamed Rice with
Carrots & Green Beans**

S

New Potatoes & Carrots

S

Broccoli

S

**Baked Beans or
Peas**

S

PASTA & JACKET



**Jacket Potato
with Baked
Beans & DF
Cheese**

**Vegan Roasted
Vegetable Pasta
(G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

**Tomato &
Vegetable Pasta
(CE, G/W)**

S

**Jacket Potato
with Baked
Beans & DF
Cheese**

PUD



Fresh Fruit

**Chocolate Shortbread
Biscuit
(G/W)**

Fresh Fruit

S

AA Vanilla Cake

Fresh Fruit

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

**7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC**

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MONDAY

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THEME DAYS

MAIN



Veggie Curry
(CE, G/B*, O*, R*, W*)

**Tex Mex Mild Veggie
Chilli**
(CE)

Roast Jerk Quorn Fillet
(G/W)

**Veggie Bolognese
with Pasta**
(CE, G/W)

**DF Margherita Pizza
& Chips**
(G/W)

SIDES



**Steamed Rice with
Sweetcorn & Green
Beans**

**Steamed Rice &
Broccoli**

**Rustic Roast Potatoes &
Medley of Seasonal
Vegetables**

Peas & Sweetcorn

Beans or Peas

PASTA & JACKET



**Jacket Potato
with Baked
Beans & DF
Cheese**

**Jacket Potato with
Baked Beans & DF
Cheese**

**Italian Tomato Twirl
Pasta**
(G/W)

**Jacket Potato
with Baked
Beans & DF
Cheese**

**Tomato & Basil
Pasta**
(CE, G/W)

PUD



Fresh Fruit

AA Chocolate Cake

Fresh Fruit

Mixed Berry Crumble
(G/W)

Fresh Fruit

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

**14 SEPT / 5 OCT / 2
NOV / 23 NOV / 14 DEC**

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