

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Mixed Vegetable Frittata (E, MK) S	Beef Burger (SE*, SO, SU, G/W)	Lemon & Herb Roast Chicken with Mild Piri Piri Mayo (E)	Beef & Lentil Spaghetti Bolognese (G/B*, W) S	Fish Fingers & Chips (F, G/W)
VEGGIE	Veggie Tuscan Sausage Pasta (E, MK, G/W)	1/2 Tomato & Mozzarella Panini (MK, SO*, G/B*, O*, R*, W)	Plant Based "Chickn" Pitta (MU*, SO, G/W) V	Roasted Vegetable & Lentil Spaghetti Bolognese (G/B*, W) V S	Cheesy Calzone & Chips (MK, G/W)
SIDES	Crispy Garlic Potatoes V S	Homemade Potato Wedges & Texan BBQ Baked Beans V S	Spiced Rice & Grilled Corn V	Chef's Vegetable of the Day V	Beans or Peas V S
PASTA & JACKET	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W) V S	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W) V S
PUD	Fruit Yoghurt (MK)	Caramel Apple Crumble with Custard (MK, G/W)	Fruit Yoghurt (MK)	Homemade Chocolate Cookie (E, G/W)	Fruit Yoghurt (MK)

DAILY SALAD BAR | HOMEMADE BREAD | FRESH FRUIT

THEME DAYS



DATES

13 APR / 04 MAY
01 JUN / 22 JUN / 13 JUL

ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA * = MAY CONTAIN
CR = CRUSTACEAN G = GLUTEN G/R = RYE MK = MILK N = NUTS SU = SULPHUR V = VEGAN
E = EGGS G/B = BARLEY G/W = WHEAT MO = MOLLUSCS P = PEANUTS SE = SESAME SEEDS S = SEASONAL VEG



WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Veggie Supreme Pizza (MK, G/W)	Yakatori Chicken Noodles (E, SO, G/W)	Butcher's Sausage with Mashed Potato & Gravy (MK, SU, G/W)	Mild Cajun Chicken Pitta (MU, G/W)	Battered Fish & Chips (F, G/B*, W)
VEGGIE	Detroit Style Margherita Pizza Slice (MK, G/W)	Sweet Chilli Roasted Vegetable Noodles (E, SO, G/W)	Veggie Sausage with Mashed Potato & Gravy (E, MK)	Jerk Vegetable & Mixed Bean Burrito (G/W)	Vegan Nuggets & Chips (G/W)
SIDES	Homemade Potato Wedges & Sweetcorn	Stir Fried Greens	Seasonal Greens	Tomato Rice & Chef's Vegetable of the Day (CE)	Beans or Peas
PASTA & JACKET	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W)
PUD	Fruit Yoghurt (MK)	Oat & Berry Cake with Fruit Coulis (E, MK, SO*, G/B*, O, W)	Fruit Yoghurt (MK)	Lemon Drizzle Cake with Lemon Sauce (E, MK, SO*, SU, G/W)	Fruit Yoghurt (MK)
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

20 APR / 11 MAY
08 JUN / 29 JUN / 20 JUL

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
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WEEKLY MENU

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WEEK 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Sticky BBQ Quorn & Vegetable Baguettes (MU*, SE*, SO*, G/W) V	Beef & Lentil Lasagne (CE, E*, MK, G/B*, W)	Roast Chicken & Gravy (G/W)	Mild Goan Chicken Curry (CE, G/B*, O*, R*, W*) S	Fish Fingers & Chips (F, G/W)
VEGGIE	Baked Cajun Chickpea & Pepper Fajitas (MU, G/B*, O*, R*, W) V S	Roasted Root Vegetable Lasagne (E*, MK, G/W) S	Tandoori Vegetable Bake (CE) V S	Vegetable Tikka Kebab with Garlic Naan (G/B*, O*, R*, W) V S	Vegan Sausage & Chips (G/W) V
SIDES	Vegetable & Bean Rice (CE) V S	Peas & Green Beans V S	Rustic Roast Potatoes & Medley of Seasonal Vegetables V S	Steamed Rice & Broccoli V	Beans or Peas V S
PASTA & JACKET	Mac & Cheese (MK, G/W)	Jacket Potato with a Choice of Fillings (E, F, MK)	Tomato & Basil Pasta (G/W) V S	Jacket Potato with a Choice of Fillings (E, F, MK)	Vegan Roasted Vegetable Pasta (G/W) V S
PUD	Fruit Yoghurt (MK)	Summer Fruit Crumble & Custard (MK, G/W) S	Fruit Yoghurt (MK)	Sticky Toffee Pudding with Butterscotch Sauce (E, MK, SO*, G/W)	Fruit Yoghurt (MK)
DAILY SALAD BAR HOMEMADE BREAD FRESH FRUIT					

THEME DAYS



DATES

27 APR / 18 MAY
15 JUN / 06 JUL /

ALLERGENS

CE = CELERY F = FISH G/O = OATS L = LUPIN MU = MUSTARD SO = SOYA * = MAY CONTAIN
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