

YOUR LOCAL HOSPITAL NEEDS YOUR HELP




**Sleeper chairs
would make all the
difference to families
in such difficult times.**

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sleeper-chairs-donation](http://www.whittingtonhealthcharity.org/sleeper-chairs-donation)

Whittington Health Charity is the working name of The
Whittington Hospital NHS Trust Charitable Funds.
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Whittington
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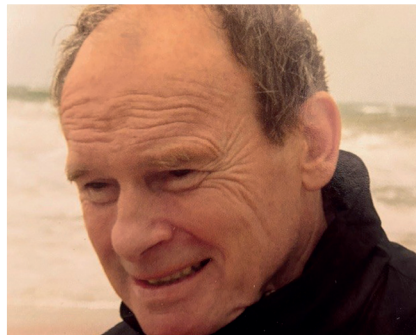


*“We made a promise
to Dad that we’d stay
by his side.”*

Lisa's story

My name is Lisa. In May 2025 my dad, Paul, sadly passed away in one of the Care of Older People wards at Whittington Hospital. He was 82 years old.

He was admitted as an emergency suffering with an infection, but he also had severe dementia. He was confused and lethargic. We knew it might only be a matter of days before he died.



“He hated the thought of dying alone.”

He had one wish that he made very clear to us... He wanted us to stay with him. The thought of dying alone frightened him. So we made a promise that we would remain by his side throughout his care.

For a whole week, Mum stayed by his bedside in a chair - all day and all night – only leaving his side for some food and the bathroom.



I was there most of the time too. I sat in a plastic chair at the foot of Dad's bed, hunching my legs against the metal bars. When I tried to sleep, I put a pillow against the bars and rested my head there. It was incredibly uncomfortable. We were both so exhausted.



“By the time Dad passed, Mum and I were totally sleep deprived.”



I'm pleased that we were able to stay with Dad during his final days and honour his wish. I know that having us there provided him with the comfort and reassurance he needed. I know that if Mum had somewhere more comfortable to rest next to Dad's bed, she would have been much better able to cope after he died.

**A gift today will help families say goodbye in comfort.
Thank you.**