

# [WEEKLY MENU]



Week 1

Week Commencing: Mon 15th Apr - Mon 6th May - Mon 3rd Jun - Mon 24th Jun - Mon 15th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Quorn Tikka Masala with Rice (CE, E)	Beef Burger & Sweet Potato Wedges (G, SE*, SO)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable & Lentil Korma with Rice (CE, G*, MK)	Vegetable Bean Burger & Sweet Potato Wedges (G, SE*)	Roasted Vegetable Filo Parcel & Homemade Tomato Sauce (CE, G)	Tomato & Basil Pasta (CE, G)	Cheesy Calzone & Chips (G, MK)
Vegetable Choice	Seasonal Vegetables	Baked Beans or Coleslaw (E, MU)	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Sweetcorn & Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Honey & Raisin Flapjack (G)	Sugar Free Jelly	Pineapple Upside Down Cake (E, G, MK)	Banana Sponge with Vanilla Sauce (E, G, MK)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

## Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds \* = May Contain

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# [WEEKLY MENU]



Week 2

Week Commencing: Mon 22nd Apr - Mon 13th May - Mon 10th Jun - Mon 1st Jul - Mon 22nd Jul

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Macaroni Cheese (G, MK)	Meat Feast Pizza (G, MK)	Roast Beef & Gravy	Mild Chicken Tikka Masala & Rice	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Veggie Meatballs & Pasta (CE*, E*, G, MU*, SE*, SO)	Margherita Pizza (G, MK)	Summer Vegetable Quiche & Nut Free Pesto (E, G, MK)	Sweet & Sour Vegetables & Rice (CE)	Vegan Nuggets & Chips (G)
Vegetable Choice	Seasonal Vegetables and Green Salad (G, MK)	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Lemon Meringue Pie (E, G)	Yoghurt (MK)	Apple Traybake (E, G, MK*)	Chocolate Beetroot Brownie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				



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# [WEEKLY MENU]



Week 3

Week Commencing: Mon 29th Apr - Mon 20th May - Mon 17th Jun - Mon 8th Jul



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Quorn & Vegetable Stir Fry Noodles (E, G, SO)	Sticky BBQ Chicken	Roast Turkey & Gravy	Butchers Sausage & Crushed Potato with Gravy (CE, G, MK, SO, SU)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Stir Fry Noodles (E, G, SO)	Vegan Nuggets (G)	Veggie Shepherdess Pie (CE, MK)	Veggie Sausage & Crushed Potato with Gravy (G, MK)	Mac & Cheese (G, MK)
Vegetable Choice	Stir Fried Greens	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Medley of Seasonal Vegetables	Seasonal Greens	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Carrot Cake Traybake (E, G, MK*, SO)	Sugar Free Fruit Jelly (MK)	Dutch Apple Tart (E, G, MK)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Daily Salad Bar, Homemade Bread (E*, G, MK, SO), Selection of Fresh Fruit, Jelly and Yoghurt				

## Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds

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