

[WEEKLY MENU]



Week 1

Week Commencing: Mon 8th Jan - Mon 29th Jan - Mon 26th Feb - Mon 18th Mar



Main Dish
of the
Day

Vegetarian
Dish of the
Day

Vegetable
Choice

Dessert of
the Day

Jacket
Potato Bar

Cold
Selection

Monday

Tomato Pasta
Bake
(G, MK)

Veggie Meatballs &
Pasta
(CE, E*, G, MU*,
SE*, SO)

Seasonal Greens &
Chefs Salad

Yoghurt
(MK)

See Board for
Details

Salad Bar
Homemade Bread
(E*, G, MK, SO)
Fresh Fruit

Tuesday

Beef Burger &
Homemade Potato
Wedges
(G, SE*, SO)

Vegetable Bean
Burger & Homemade
Potato Wedges
(G, SE*)

Baked Beans or
Coleslaw
(E, MU)

Fruit Jelly

See Board for
Details

Salad Bar
Homemade Bread
(E*, G, MK, SO)
Fresh Fruit

Wednesday

Fish Pie
(F, G, MK)

Root Vegetable
Wellington
(CE, E, G)

Rustic Roast
Potatoes & Medley
of Seasonal
Vegetables

Iced Vanilla
Sponge
(E, G)

See Board for
Details

Salad Bar
Homemade Bread
(E*, G, MK, SO)
Fresh Fruit

Thursday

Caribbean Chicken
Curry
(CE, G*)

Jerk Quorn Burrito
(CE, E, G)

Rice, Peas &
Seasonal Greens

Shortbread Biscuit
(G)

See Board for
Details

Salad Bar
Homemade Bread
(E*, G, MK, SO)
Fresh Fruit

Friday

Fish Fingers & Chips
(F, G)

Vegan Nuggets &
Chips
(G)

Beans or Peas

Ice Cream
(MK)

See Board for
Details

Salad Bar
Homemade Bread
(E*, G, MK, SO)
Fresh Fruit

Allergens:

CE = Celery, CR = Crustacean, E = Eggs, F = Fish, G = Cereals Containing Gluten, L = Lupin, MK = Milk, MO = Molluscs, MU = Mustard, N = Nuts, P = Peanuts, SO = Soya, SU = Sulphur, SE = Sesame Seeds * = May Contain

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Week 2

Week Commencing: Mon 15th Jan - Mon 5th Feb - Mon 4th Mar - Mon 25th Mar

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Macaroni Cheese (G, MK)	Classic Hot Dog (G, SE*, SO*)	Roast Beef & Gravy	Mild Chicken Tikka Masala & Rice (CE, G*, MK)	Battered Fish & Chips (F, G)
Vegetarian Dish of the Day	Roasted Vegetable Pasta (CE, G)	Quorn Hot Dog (E, G, SE*)	Winter Vegetable Quiche & Nut Free Pesto (E, G, MK)	Vegetable & Lentil Dhal Rice (CE, G*)	Homemade Vegan Sausage Roll & Chips (G)
Vegetable Choice	Chef's Salad & Coleslaw (E, MU)	Homemade Potato Wedges	Rustic Roast Potatoes & Seasonal Vegetables	Seasonal Vegetables	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Fruit Jelly	Lemon Drizzle Cake (E, G, SU)	Selection of Fruit Mousse (MK)	Chocolate & Beetroot Brownie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit



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Week 3

Week Commencing: Mon 22nd Jan - Mon 19th Feb - Mon 11th Mar



	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish of the Day	Vegan Lentil Dhal (CE, G*)	Meat Feast Pizza (G, MK)	Roast Chicken & Gravy	Beef Lasagne (E*, G, MK)	Fish Fingers & Chips (F, G)
Vegetarian Dish of the Day	Vegetable Curry (G*)	Margherita Pizza (G, MK)	Roasted Vegetable Filo Parcel & Tomato Sauce (CE, G)	Roasted Vegetable Lasagne (E*, G, MK)	Margherita & Chips (G, MK)
Vegetable Choice	Steamed Rice, Seasonal Vegetables	Seasoned Potato Wedges & Sweetcorn	Rustic Roast Potatoes & Seasonal Vegetables	Green Salad or Coleslaw (E, MU)	Beans or Peas
Dessert of the Day	Yoghurt (MK)	Fruit Jelly	Apple Crumble & Custard (G, MK)	Fruity Flapjack (G)	Double Chocolate Chip Cookie (E, G, MK, SO)
Jacket Potato Bar	See Board for Details	See Board for Details	See Board for Details	See Board for Details	See Board for Details
Cold Selection	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit	Salad Bar Homemade Bread (E*, G, MK, SO) Fresh Fruit

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