Extended Day Sports Clubs Timetable

Autumn Term 2026 & Spring Term 2027

All clubs: 3.30pm–4.30pm

Enquiries: sportsclubs@tetherdownschool.org

Autumn Term 2026

Day	Club	Year Group	Club Leader
Monday	Mixed Football	Years 1–3	Coach Hadari
Monday	Sports Leaders Club	Year 6	Coach Da Silva
Tuesday	Girl's Multi Sports	Years 1–6	Coach Hadari
Tuesday	Ball Skills	Reception (Autumn 2 only)	Coach Da Silva
Wednesday	Dodgeball	Years 3–6	Coach Hadari
Wednesday	Multi Sports	Reception (Autumn 2 only)	Coach Da Silva
Thursday	Netball	Years 3–6	Coach Hadari
Thursday	Athletics	Reception (Autumn 2 only)	Coach Da Silva
Friday	Mixed Football	Years 4–6	Coach Hadari

Spring Term 2027

Day	Club	Year Group	Club Leader
Monday	Mixed Football	Years 2–3	Coach Hadari
Monday	Sports Leaders Club	Year 6	Coach Da Silva
Tuesday	Girl's Multi Sports	Years 2–6	Coach Hadari
Tuesday	Ball Skills	Reception & Year 1	Coach Da Silva
Wednesday	Dodgeball	Years 3–6	Coach Hadari
Wednesday	Multi-Sports	Reception & Year 1	Coach Da Silva
Thursday	Mixed Multi Sports	Years 2–6	Coach Hadari
Thursday	Athletics	Reception & Year 1	Coach Da Silva
Friday	Mixed Football	Years 4–6	Coach Hadari
Friday	Cricket Club (10 weeks)	Years 3–4	Specialist Cricket Ricardo

Please note: Reception clubs in Autumn Term run during Autumn 2 only. Spring Friday Cricket Club is a 10-week programme led by a specialist cricket coach.

Extended Day Sports Clubs Descriptions

Led by Coach Hadari and Coach Da Silva, the sports clubs offer engaging activities, skill-based challenges, throwing and catching games, fundamental movement activities and small-sided games.

Below are short descriptions of the sports activities provided so families can get a 'flavour' of the opportunities for children at Tetherdown to help them develop their sporting skills, build confidence, improve coordination and teamwork, and enjoy being physically active in a fun, inclusive and supportive environment. Our aim is to encourage children of all abilities to develop new skills, build friendships, and enjoy participating in sports.

Sports Leaders Club This Sports club is a leadership-focused club where Year 6 pupils develop confidence, communication and organisation skills by planning, leading and supporting sporting activities for younger pupils. The club encourages responsibility, teamwork and positive role modelling. The pupils will be able to plan, prepare and support the delivery of sports day and sessions that take place after school with our Reception pupils in their Sports club	**Mixed Football Club** A fun and inclusive football club for boys and girls of all abilities. Sessions focus on developing essential football skills, including passing, dribbling, shooting and ball control, through engaging activities, skill-based challenges and small-sided games. Children will improve their coordination, teamwork, and confidence while enjoying plenty of opportunities to practice their skills and play football in a positive and supportive environment. Children in Y4 upwards will improve their decision-making, communication, teamwork and confidence while enjoying opportunities to practice and apply their skills in match situations.
Reception Ball Skills Club A fun, active club that develops fundamental ball skills through age-appropriate games and activities. Children practise throwing, catching, rolling, kicking, dribbling and controlling different balls while building coordination and confidence.	**Girls' Multi-Sports Club** An exciting opportunity for girls of all abilities to explore a variety of sports in a fun and supportive environment. Sessions include fundamental movement activities, throwing and catching challenges, team-based activities, and small-sided games. Children will develop coordination, agility, teamwork and confidence while learning new skills, trying different sports, and enjoying being active together. **Mixed Multi-Sports Club** A fun and inclusive club where boys and girls of all abilities can explore a wide variety of sports and physical activities. Sessions include fundamental movement activities, throwing and catching games, team challenges, and small-sided games. Children will develop coordination, agility, teamwork, communication, and confidence while learning new skills, experiencing different sports, and enjoying being active together

Reception Multi-Sports An exciting introduction to a variety of sports and physical activities through fun, simple games. Children develop fundamental movement skills, teamwork, spatial awareness and confidence while experiencing different sporting activities. **Offered to Rec & Y1 in Spring Term**	**Dodgeball Club** A fun and energetic club where children will enjoy a variety of throwing, catching and dodging activities, small-group challenges and small-sided dodgeball games. Sessions focus on developing agility, coordination, quick reactions, and decision-making skills. Children will build confidence, improve teamwork and communication, and learn the importance of fair play and good sportsmanship in a safe and supportive environment.
Reception Athletics Club A fun introduction to the basic skills of athletics, including running, jumping and throwing. All activities are adapted for Reception children to develop coordination, speed, balance and movement confidence while encouraging enjoyment and participation in physical activity. **Also offered to Year 1 in Spring Term** As above with age-appropriate activities. Sessions encourage participation, teamwork, and a positive attitude towards physical activity.	**Netball Club** A fun and engaging club for children of all abilities to learn and develop their netball skills. Sessions focus on passing, catching, footwork, shooting, defending and positioning through skill-based activities, throwing and catching challenges and small-sided netball games. Children will improve their understanding of the rules, teamwork, communication, and confidence, with an emphasis on fair play and enjoyment.

10-weeks Specialist Programme Cricket Club

Specialist Club Leader: Ricardo Specialist Crouch End Cricket club association Middlesex in the Community: Chance to Shine programme

An exciting 10-week cricket programmed designed to develop children's batting, bowling, fielding and wicketkeeping skills in a fun and supportive environment.

Led by a specialist cricket coach, sessions include skill-based activities, fun challenges, and small-sided cricket matches. Children will develop their technique, coordination, teamwork, decision-making, and match awareness while building confidence and enjoying the game.

The programmed concludes with a cricket festival featuring skills challenges and a mini tournament to celebrate children's progress and achievements.